



*Dr. Ricky Bare, F.A.C.S.
Dr. J.G. Cargill III
Dr. James Brien
Dr. Michael Burris
Dr. H. Brooks Hooper
Dr. Andrew Franklin
Kimberly Bullock, FNP
C. Sydney Pilgrim, PA-C*

Patient Information for Prostate Ultrasound and Placement of Gold Fiducials

Your doctor has scheduled placement of gold seeds in your prostate to aid in your radiation. This is done by placing a probe in the rectum, which helps to see the prostate by ultrasound. There is some mild discomfort from the ultrasound probe. A needle is used to place the gold seeds. The procedure is short lasting less than 5 minutes.

Risks of the procedure include but are not limited to:

- Bleeding
- Infection
- Difficulty urinating
- Urinary retention

While these are small risks; sometimes they may be severe. **It is normal to have some blood in the urine, bowel movements, and ejaculate after the procedure.** This may continue for several weeks after the procedure.

If you have any questions or concerns, please contact our office at (828) 253-5314.

INSTRUCTIONS PRIOR TO PROCEDURE

1. Do a Fleet's enema 2 hours prior to coming in for your procedure.
2. Your doctor will prescribe you an antibiotic prior to your procedure. (Total: 6 Pills)
Day 1: (Night before Procedure) Take 1 pill with your evening meal.
Day 2: (Procedure Day) Take 1 pill at breakfast and take 1 pill with your evening meal.
Day 3: (Day after Procedure) Take 1 pill at breakfast and take 1 pill with your evening meal.
Day 4: (2 Days after Procedure) Take 1 pill at breakfast to complete the round of antibiotic.
3. Eat a light meal before coming to your appointment. This helps prevent nausea.
4. Do not undertake any strenuous activity or heavy lifting the day of the seed placement.
5. **Stop all blood thinner 5 days prior to your procedure.** These include but are not limited to: Aspirin, Aspirin containing products, Vitamin E, Fish Oil, herbal remedies, Plavix, Xarelto, Pradaxa, Effient, Eliquis, Lovenox, Arixtra, Savaysa, ibuprofen, naproxen, and arthritis medications. If you are on Coumadin, please speak to your doctor for special instructions. If you are unsure of a certain medication being taken before the procedure, please contact your doctor.
6. If you have a fever higher than 101, difficulty urinating, questions or concerns, please call our office immediately.

A Division of RTA of WNC

Address: 1 Doctors Park – Asheville, NC 28801 **Phone:** (828) 253-5314 **Fax:** (828) 253-0434 **Web:** www.ashevilleurological.com