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Patient Information for UroLift® Transprostatic Implant Treatment for Enlarged Prostate Without ProNox

You are scheduled for the UroLift® transprostatic implant procedure the prostate. This is a minimally invasive surgical treatment for benign enlargement of the prostate gland (also known as benign prostatic hyperplasia, or BPH). The treatment involves the delivery of small permanent implants into my prostate. Prior to the treatment, an anesthetic jelly will be placed in your urethra, and Lidocaine will be injected in the nerves that go to your prostate. During this treatment, a cystoscope probe will be inserted into your urethra. This probe contains the implant delivery device. The treatment time will be approximately one hour.

Risks and possible complications of the procedure include but are not limited to:

- Blood in the urine or bloody discharge from the penis
- Post treatment urinary retention
- Difficulty urinating
- Pain when urinating or pelvic ache
- Urinary tract infection

While the post procedure symptoms are often minimal; sometimes they may be severe. If you have a fever higher than 101 or difficulty urinating after your procedure, please contact our office immediately. If you have any questions or concerns, please contact our office at (828) 253-5314.

INSTRUCTIONS PRIOR TO PROCEDURE

1. **Stop all blood thinners 5 days prior to your procedure.** These include but are not limited to: Aspirin, Aspirin containing products, Vitamin E, Fish Oil, herbal remedies, Plavix, Xarelto, Pradaxa, Effient, Eliquis, Lovenox, Arixtra, Savaysa, ibuprofen, naproxen, and arthritis medications. If you are on Coumadin, please speak to your doctor for special instructions. If you are unsure of a certain medication being taken before the procedure, please contact your doctor.
2. Your doctor will prescribe you an antibiotic prior to your procedure. (Total: 10 Pills)
Day 1: (Night before Procedure) Take 1 pill with your evening meal.
Day 2: (Procedure Day) Take 1 pill at breakfast and take 1 pill with your evening meal.
Day 3: (1 Day after Procedure) Take 1 pill at breakfast and take 1 pill with your evening meal.
Day 4: (2 Days after Procedure) Take 1 pill at breakfast and take 1 pill with your evening meal.
Day 5: (3 Days after Procedure) Take 1 pill at breakfast and take 1 pill with your evening meal.
Day 6: (4 Days after Procedure) Take 1 pill at breakfast to complete the round of antibiotic.
3. Do a Fleet's enema 2 hours before your procedure time.
4. Eat a light meal before coming to your appointment. This helps prevent nausea.
5. Your doctor will prescribe you a pain medication, a medication to relax you, and a medication for urinary discomfort prior to your procedure. **You will need a driver to transport you to and from your appointment.**
 - Pain Medication – Norco (Hydrocodone) – Take one pill **1 hour** prior to procedure time.
 - Relaxing Medication – Xanax (Alprazolam) – Bring this medication with you to your procedure, and you will be instructed when to take.
 - Urinary Discomfort Medication – Pyridium – Take after your procedure for urinary discomfort.
6. Arrive at our office at the instructed time given by the office surgery schedulers

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