



*Dr. Bruce Armstrong
Dr. Ricky Bare, F.A.C.S.
Dr J.G. Cargill III
Dr. James Brien
Dr. Michael Burris*

URODYNAMICS

Urodynamics is the study of how the bladder stores and releases urine.

PREP

- Stop bladder medications **4 days** prior to test.
 - Bladder medications include but are not limited to:
Myrbetriq Vesicare Oxybutynin Levsin Flomax Rapaflo
 - Patients with Foley Catheters: Continue Bladder Medications Discontinue Bladder Medications
- Your doctor will prescribe you an antibiotic prior to your procedure. (Total: 6 Pills)
 - Day 1: (Night before Procedure) Take 1 pill with your evening meal.
 - Day 2: (Procedure Day) Take 1 pill at breakfast and take 1 pill with your evening meal.
 - Day 3: (Day after Procedure) Take 1 pill at breakfast and take 1 pill with your evening meal.
 - Day 4: (2 Days after Procedure) Take 1 pill at breakfast to complete the round of antibiotic.

- Use a fleets enema **4 hours** prior to test.

PROCEDURE

Step 1: Your urine will be checked to assure you do not have a urinary tract infection.

Step 2: A bladder scan or a catheterization will be performed to see if you are retaining urine.

Step 3: Two small catheters will be placed for the test.

- The first catheter will be placed into your bladder and will be used to slowly fill your bladder with sterile water.
- The second catheter will be placed into your rectum and measures the abdominal pressure.

Step 4: You will be asked to empty your bladder into a special chair.

POST

What to expect after the test is finished

- The most common side effect is dysuria (painful urination). There are over the counter medications and prescribed medications that can be used to relieve the symptoms of dysuria.
- You may resume your normal daily activities upon the completion of the test.
- Questions? Please call our office at (828) 253-5314.

ADDITIONAL INFO

- The test will take about an hour to complete.
- You will not see your Doctor on the day of the test. Our office will make you a follow up appointment with your Doctor to review your test results.
- Bring your medication and allergy list with you on the day of your appointment.
- If you live in a facility, you must have a family member or someone from the facility to stay with you during the test.
- **Please advise the scheduler if you have an artificial heart valve, total or partial knee replacement, and total or partial hip replacement. You will be prescribed a different antibiotic regimen.**

A Division of RTA of WNC

Address: 1 Doctors Park – Asheville, NC 28801 **Phone:** (828) 253-5314 **Fax:** (828) 253-0434 **Web:** www.ashevilleurological.com