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Patient Information for Cystoscopy with Botox® Injection

Your doctor has scheduled you for a cystoscopy with Botox® injection. The procedure involves placing a small cystoscope into the bladder to perform the bladder injection. Prior to the procedure, a local anesthetic will be placed in the urethra and the bladder. During the procedure, you may feel a pinching, sharp sensation, or cramping in your bladder. The actual procedure will take about 10-15 minutes to perform.

Overactive Bladder (OAB) is a common condition caused by involuntary contractions of the detrusor (bladder) muscle that can lead to urinary frequency, urgency and urge incontinence with significant social impact on your quality of life. Intravesical administration of Botox is used in patients who have OAB who do not tolerate or have been unresponsive to oral medications. Botox works by blocking nerve impulses to the bladder muscle causing temporary relaxation. When injected into specific areas of the bladder, Botox can stop uncontrolled bladder contraction allowing for more normal urination. The procedure can be performed in the office using a local anesthetic jelly.

Risks of the procedure include but are not limited to:

- **Bleeding** – it is normal to have blood in your urine as long as you are not passing clots larger than the tip of your finger and your urine is thin like water and not thick like tomato soup. This will normally resolve on its own within several days.
- **Infection**
- **Pain and Discomfort** – It is normal to have burning with urination as well as urinary urgency and frequency for approximately 1 day after the procedure.
- **Difficulty urinating**

Do not hesitate to contact our office (828) 253-5314 with any of your concerns after your procedure.

INSTRUCTIONS PRIOR TO PROCEDURE

1. Your doctor will prescribe you an antibiotic prior to your procedure. (Total: 6 Pills)
Day 1: (Night before Procedure) Take 1 pill with your evening meal.
Day 2: (Procedure Day) Take 1 pill at breakfast and take 1 pill with your evening meal.
Day 3: (Day after Procedure) Take 1 pill at breakfast and take 1 pill with your evening meal.
Day 4: (2 Days after Procedure) Take 1 pill at breakfast to complete the round of antibiotic.
2. Eat a light meal before coming to your appointment. This helps prevent nausea.
3. **Bring a driver with you to your appointment.**
4. **Stop all blood thinner 5 days prior to your procedure.** These include but are not limited to: Aspirin, Aspirin containing products, Vitamin E, Fish Oil, herbal remedies, Plavix, Xarelto, Pradaxa, Ibuprofen, naproxen, and arthritis medications. If you are on Coumadin, please speak to your doctor for special instructions. If you are unsure of a certain medication being taken before the procedure, please contact your doctor.
5. Plan to arrive at the office 15-20 minutes prior to your scheduled procedure, and plan to be at our office for 1-2 hours.

INSTRUCTIONS AFTER YOUR PROCEDURE

- Be sure to drink plenty of fluids after the procedure to help reduce bleeding and discomfort after your procedure. Taking a warm bath or holding a warm, damp washcloth over the urethral opening may also help to relieve any discomfort.
- Contact your our office immediately at (828)253-5314 if you experience any of the following symptoms: trouble urinating, heavy bleeding, fever greater than 101 degrees, chills, confusion, disorientation, agitation, severe abdominal pain, or any other unusual reaction.

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