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## **Patient Information for Cystoscopy with Bladder Biopsy**

Your doctor has scheduled you for a cystoscopy with bladder biopsy and fulguration. This includes procedures to remove small tumors within your bladder. Your doctor may prescribe sedation and antibiotics to take and bring with you to your appointment. A local anesthetic will also be placed in the urethra and the bladder itself. The procedure involves placing a small cystoscope into the bladder to perform bladder biopsies or remove the tumor. Following this a small electrode uses electrical current to stop the bleeding and destroy tissue. You may feel a pinching, sharp sensation or cramping in your bladder during the procedure.

Risks of the procedure include but are not limited to:

- **Bleeding** – it is normal to have blood in your urine as long as you are not passing clots larger than the tip of your finger and your urine is thin like water and not thick like tomato soup. This will normally resolve on its own within several days.
- **Infection**
- **Pain and Discomfort** – It is normal to have burning with urination as well as urinary urgency and frequency for approximately 1 day after the procedure.
- **Difficulty urinating**

Do not hesitate to contact our office (828) 253-5314 with any of your concerns after your procedure.

### **INSTRUCTIONS PRIOR TO PROCEDURE**

1. Your doctor will prescribe you an antibiotic prior to your procedure. (Total: 6 Pills)  
Day 1: (Night before Procedure) Take 1 pill with your evening meal.  
Day 2: (Procedure Day) Take 1 pill at breakfast and take 1 pill with your evening meal.  
Day 3: (Day after Procedure) Take 1 pill at breakfast and take 1 pill with your evening meal.  
Day 4: (2 Days after Procedure) Take 1 pill at breakfast to complete the round of antibiotic.
2. Eat a light meal before coming to your appointment. This helps prevent nausea.
3. **Bring a driver with you to your appointment.**
4. **Stop all blood thinner 5 days prior to your procedure.** These include but are not limited to: Aspirin, Aspirin containing products, Vitamin E, Fish Oil, herbal remedies, Plavix, Xarelto, Pradaxa, Effient, Ibuprofen, naproxen, and arthritis medications. If you are on Coumadin, please speak to your doctor for special instructions. If you are unsure of a certain medication being taken before the procedure, please contact your doctor.
5. Be sure to drink plenty of fluids after the procedure.
6. The results of your biopsy may take up to 2 weeks to return to the office. If you have not heard from us after that time, please feel free to give us a call.
7. If you have a fever higher than 101, difficulty urinating, questions or concerns, please call our office immediately.

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