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## **Patient Information for Prostate Ultrasound and Needle Biopsy**

You are scheduled for a biopsy of the prostate. This is done by placing a probe in the rectum which helps to see the prostate by ultrasound. There is some mild discomfort from the ultrasound probe. After numbing the prostate with Lidocaine, a needle is used to obtain prostate tissue. With each biopsy there is a clicking noise and some patients report some sensation with each biopsy. The procedure is short, lasting less than five minutes. The prostate tissue is then sent to the pathologist to determine if prostate cancer is present. There is a separate charge from the pathologist for review of the tissue.

Risks of the procedure include but are not limited to:

- Bleeding
- Infection
- Difficulty urinating
- Urinary retention

While these are small risks; sometimes they may be severe. **It is normal to have some blood in the urine, bowel movements, and ejaculate after the procedure.** This may continue for several weeks after the procedure.

If you have any questions or concerns, please contact our office at (828) 253-5314.

### **INSTRUCTIONS PRIOR TO PROCEDURE**

1. Do a Fleet's enema 2 hours prior to coming in for your procedure.
2. Your doctor will prescribe you an antibiotic prior to your procedure. (Total: 6 Pills)  
Day 1: (Night before Procedure) Take 1 pill with your evening meal.  
Day 2: (Procedure Day) Take 1 pill at breakfast and take 1 pill with your evening meal.  
Day 3: (Day after Procedure) Take 1 pill at breakfast and take 1 pill with your evening meal.  
Day 4: (2 Days after Procedure) Take 1 pill at breakfast to complete the round of antibiotic.
3. Eat a light meal before coming to your appointment. This helps prevent nausea.
4. **Bring a driver with you to your appointment.**
5. **Stop all blood thinner 5 days prior to your procedure.** These include but are not limited to: Aspirin, Aspirin containing products, Vitamin E, Fish Oil, herbal remedies, Plavix, Xarelto, Pradaxa, Effient, Eliquis, Lovenox, Arixtra, Savaysa, ibuprofen, naproxen, and arthritis medications. If you are on Coumadin, please speak to your doctor for special instructions. If you are unsure of a certain medication being taken before the procedure, please contact your doctor.
6. The results of your biopsy may take up to 2 weeks to return to the office. If you have not heard from us after that time, please feel free to give us a call.
7. If you have a fever higher than 101, difficulty urinating, questions or concerns, please call our office immediately.

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